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3rd BRICSCESS 2021-Shanghai (20-23 Oct 2021) (14th Revision)

Keynote Speakers (5)



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Children, Sports and Exercise: Myths VS the Facts



Prof. Dr. Ji LIU
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Prof. Dr. Stephen KOPECKY, M.D., FACC, FACP, FAHA, FASPC
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The Nidus for Non-Communicable Disease Begins in Childhood



Prof. Dr. Gudrun DOLL-TEPPER
Vice-President, German Olympic Sports Confederation
Chairperson, German Olympic Academy
Adviser and Past President, International Council of Sport Science and Physical Education
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Promoting Healthy Behavior and Physical Activity in Times of COVID-19 Pandemic: Case Studies and Olympic Day Digit@I in Germany



Prof. Dr. Ming-Kai CHIN
Founder and President, Foundation for Global Community Health (GCH)
Founding and Immediate Past President, BRICS Council of
Exercise & Sports Science (BRICSCESS)
Co-Founder & Former President
Asian Council of Exercise & Sports Science (ACCESS)
Vice President, Global Affairs & Research
HOPSports Inc., USA
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Quest for Excellence through Globalization of Physical Activity and Health Utilizing Youth Scholars Working with Youth: Current Implementation Actions

Invited Speakers (21)



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Leisure-time Physical Activity, Health Promotion and Overweight among Young People: A Case Study in Sao Paulo, Brazil



Prof. Dr. Gulshan KHANNA
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Risk Factor for Coronary Heart Disease in Indian Young Population and Policies for Health Promotion



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*Using Digital Technologies in the Competence «Physical Education, Sport and Fitness»
According to WorldSkills Russia Standards*



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Project for Helping Parents in Choosing a Sport for Children: A Research Study in Russia



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Postural Stability in Russian Athletes: the Role of Age, Sex and Sport-related Features



Prof. Dr. Marc CLOES
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Reforming the Educational System: An Opportunity to Promote Good Practices Focusing on Physical Activity, Well-Being and Health



Emeritus Prof. Dr. Ian CULPAN
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Physical Education and Wellbeing: Working towards Achieving New Zealand's Vision of 'Being the Best Place in the World for Children and Young People'



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Prof. Dr. Jingzhen (Ginger) YANG, PhD, MPH
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Youth Behavior Measurement and Risk Behavior Patterns among US Adolescents



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Promoting Turkish Students' Physical Activity via Gamification



Distinguished Emeritus Prof. Dr J Larry DURSTINE
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Coronavirus Pandemic and Chronic Disease: What is the Role of Physical Activity and Exercise for Children and Adults?



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Holistic Approach of Lithuanian Physical Education: From Aim to Outcomes with Case Studies



Assoc. Prof. Dr. Maria Luisa GUINTO
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"It's worse than a break-up": COVID and Filipino College Athletes



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Effects of a Judo Program in Children and Adolescents with Autistic Spectrum Disorder: The AUTJUDO Project.



Prof. Dr. Verónica Violant HOLZ
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Good Health Practices Applied to Hospital Pedagogy during the COVID-19 Pandemic: Case Studies in Europe



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Implications in the Health of School Children in Bogotá, Colombia through Virtual School Sports Classes



Prof. Dr. Rajesh KUMAR
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Secretary General, Indian Federation of Computer Science in Sports
Board of Director, International Association of Computer Science in Sports
President, Hyderabad District Athletics Association
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Effect of Physical Activity for Development of Physical Fitness among School Children in India



Prof. Dr. Ivana MILANOVIC
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Faculty of Sport and Physical Education
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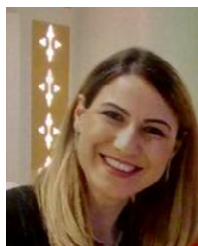
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Physical Education in Republic of Serbia: Changes in the 21st Century aimed at Creating Physical Literate Students



Assoc. Prof. Dr. Nara OLIVEIRA
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Physical Education, Well-Being and Health among Brazilian Children During the Social Distancing Period



Assoc. Prof. Dr. Fatma SAÇLI UZUNÖZ
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Physical Activity Involvement from Classrooms to Houses: Case from Cappadocia Region of Turkey

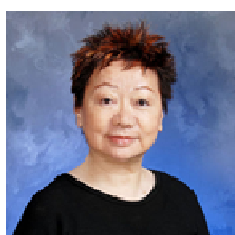


Dr. Uri SCHAEFER

President, International Council of Sport Sciences and Physical Education (ICSSPE)
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*Physical Education and Physical Activity in the Context of the Pandemic: Global Perspective
Shared by ICSSPE*

3 Proposed Workshops



Dr. Miranda Sau Lin CHIN, MFA, MBA
Artistic Director, Miranda Chin Dance Company
Principal, Danceland School
Past Vice-Chair, Hong Kong Dance Federation Ltd
Beijing Dance Academy Graded Examination on Chinese Dance
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*Dancing with the World: Aim for Globalize Harmony with Holistic Health
Through Performing and Education*



Prof. Dr. Shihui CHEN
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Former President, Asian Society of Adapted Physical Education and Exercises
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Innovative and Hands-on Workshop Demonstrate How to Teach Students with Disabilities in Special/Regular School Settings

4 Proposed Symposiums (15 Presenters)



Prof. Dr. Barbara AINSWORTH (Chairperson & Presenter)
International Dean, School of Kinesiology, Shanghai University of Sport, PRC
Regents's Emeritus Professor, College of Health Solutions, Arizona State University
Past-President of the American College of Sports Medicine (ACSM)
Past-Presidents of the National Academy of Kinesiology (NAK)
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Quantifying the Types and Intensities of Children's Movements with the Youth Compendium of Physical Activities



Assoc. Prof. Dr. G. BALASEKARAN, FACSM (Chairperson & Presenter)
President, Asian Council of Exercise and Sports Science (ACCESS)
American College of Sports Medicine Health Fitness Director
Former Head of Department
Physical Education & Sports Science
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Using the OMNI Rate of Perceived Exertion (RPE) Scale to Self-Regulate Exercise Intensity to Induce Cardiovascular and Peripheral Adaptations During Soccer Training



Assoc. Prof. Dr. Foong Kiew OOI (Chairperson & Presenter)
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Influence of Sports Participation, Genetic Factor and Nutritional Supplementation on Bone Health and Muscular Performance for Young Athletes



Assoc. Prof. Dr. Biljana POPESKA (Chairperson & Presenter) (SFLV)
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The Role of University in Promotion of Healthy and Active lifestyle – Experiences from Goce Delcev University in Stip, Macedonia



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"Life is a Sport; We Aspire to Make it Count": A Holistic Role Model of Physical Education and Sports Practice in Manav Rachna from India



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Physical Education Classes in Brazil and Technology: a Way to a Better and Healthier Life



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Romanian Models of Intervention in Promoting Health and Quality of Life from the Perspective of Globalization



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World Bodybuilding & Physique Fitness Sports Federation (WBPF)
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How to Optimize Resistance Exercise Training through Nutrition for Taiwan Young Female Physique Athletes



Dr. Michelle LOMBARDO
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Implementing a Whole Child Approach to Nutrition, Physical Activity and Literacy Using a Science-based, Kid-Friendly Program



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Health and Well-being in Lithuanian Youth: the Interaction Effect of Health-related Behavior, Psychological Distress and Social Capital



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The Holistic Approach for Establishing an “Active and Healthy Campus” in Primary School: A

Case Study in Hong Kong-China



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Global Trends and New Developments in Cognitive-motor Skills Testing of Children and Youth



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Research on the Path of Promoting the Health of Chinese adolescents through Industry-University-Research Cooperation



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Promotion of Multiple Integration: A New Path of Physical Education and Health Education from the Perspective of Children's Development in China

GCH FLV (15)



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Longitudinal Effects of Stunting and Wasting on Academic Performance of Primary School Boys: the NW-CHILD Study



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Analyzing the Challenges to Using Technology in Physical Education: A Case Study in Pakistan



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*Promotion of Lifelong Participation in Physical Activity with Evidence Based Programing at
University of British Columbia: The Active Kids Program*



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*Academic Achievement, Physical Fitness Level and Attitude towards Physical Activity: Example
of Brain Breaks® Videos in Turkey*



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Study on the Influence of Sports Animation on Youth Sports Consciousness



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Brain-breaks Effects on Sustained Attention, Short-term Memory and Academic Performance among Malay's Primary School Children in Kelantan, Malaysia



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Connecting Music and Movement in Pre-school Education



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Holistic Approach for Distance Learning in Physical Education during the Coronavirus Pandemic in Bulgarian Schools and Communities



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Body Composition and Somatotypes of Elite collegiate Karatekas in Zimbabwe



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Does External Pneumatic Compression Help with Recovery and Improve Performance after Cycle Ergometer Anaerobic Exercise?



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Association between Selected Body Composition, Blood Pressure and Musculoskeletal Performance in Nigerian Children



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Encouraging Active Life among Brazilian Children through Brain Breaks® Methodology



Oriol SANSANO NADAL

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Fitness and Obesity among Spanish Children Related to Their Physical Activity Levels



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Physical Activity Homework and Health-related Fitness in Youth: Shanghai Tianyuan High School Students-fit Study



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The Family Environment of Children with Complex Health Conditions: A Barça Foundation Project