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FLV Oral Presenter

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Dr. Mottakin Ahmed is working as a sports officer in the department of higher education Madhypradesh. His research focused on Physical education, Sports Biomechanics, Health education. He presented research paper in many National and International conferences. He has many research publications at various national and international journal. Since 2019 he is representing as a Future Leader Volunteer (FLV) from India. As a FLV he participated in 6th virtual ICPESS 2021-Jakarta, Indonesia. He received best research paper award in International conference of exercise Physiology and nutrition for enhancing health, Tamil Nadu. Dr. Mottakin Ahmed received SAS International conference award by scholar academic and scientific society 2019. He also received Maulana Azad National Fellowship 2019 for PhD. He published a book “Joint analysis of drop shot of Badminton among different level of players. As a player he participated in many badmintons national tournament. Mottakin Ahmed has been voluntarily working with different group of people mostly the children and youth of the society. Recently he worked as a senior state official venue overlays operation in one of the biggest events in India KHELO INDIA YOUTH GAMES 2022-2023.

Childhood Obesity and its Associated Factors among School Going children in Raisen, Madhya Pradesh, India

Near about 1.4 billion people live in India. According to UN forecast India will overtake China by 2023.Total population of India is 17.7% of total world population. Childhood obesity has become one of the major problems in India. For two /three decades it has been observed that obesity is increasing in Indian children. Due to the increase in abnormal body weight children are facing many health hazards. To investigate the factors associated with growth obesity researcher will carry out a cross-sectional study in different schools in Madhya Pradesh India. Random samples will be taken into consideration. The age level will be 12-18 years old. About (n = 500) samples will be taken from different regions. Data will collect by administering the questionnaire. Height and weight, and BMI will calculate. Z score will be calculated, and BMI will be categorized based on age and gender according to WHO. The chi-square test will employ the level of significant value at 0.05. This study will help to find the reason behind the increase in abnormal weight and prevention methods can be taken. Through this research children and parents will be benefited which will give awareness to society.