

**3<sup>rd</sup> BRICSCESS 2024-New Delhi**  
**Invited Co-Speakers**



Prof. Dr. Kadriya AKHMEROVA  
Board of Directors, BRICSCESS  
Director, FSBI “Federal Center for Preparation of the Sports Reserve” Ministry for Sport of the Russian Federation  
Russia

**Prof.Dr.KadriyaAkhmerova** was an assistant of Deputy Chairman of the Russian Federation State Duma (2008 - 2010). Prof.Dr.Akhmerova is also Member of the «United Russia party»; Member of the Board of trustees of the Presidential Regiment of the Federal Guard Service of the Russian Federation; Member of the working group on the development of sports medicine of Presidential Council of the Russian Federation (Order of the President of the Russian Federation 02.02.2013 №23); President of Moscow Archery Federation, Vice President of Russian Archery Federation. She was a Director of Moscow Center of Advanced Sport Technologies (until October 2020). Dr.Akhmerova is a Director of “Federal center for preparation of the sports reserve” Ministry for sport of the Russian Federation. Also Dr.Akhmerova is a Chairman of Board of Directors of Russian Association of Computer Science in Sport andChairman of the Editorial Board of new Russian Journal of Information Technology in Sport. Dr. Akhmerova is an author of three booksabout medical, scientific and methodological support of youth athletes in 2015, author of more than 30 scientific articles. She is a Head of four MultycenterStadies at different sports organization based on various sports organizations at Russians regions, their research topics are related to improving the sports training of children.



Assoc. Prof.Dr. Albina ANDREEVA  
Board of Directors, BRICSCESS  
Assoc. Prof. of Department of Physiology, Russian State University of Sport (SCOLIPE)  
Chief Specialist of the Department of Federal Projects  
FSBI “Federal center for preparation of the sports reserve” Ministry for sport of the Russian Federation

Russia

**Assoc. Prof.Dr. Albina Andreeva** was Head of laboratory (2011 - 2017) and Lecturer (Assoc. prof.) of Department of physiology of Russian State University of Sport(SCOLIPE). Dr.Andreeva was Researchers in the Laboratory of physiology of muscular activity and physical education, Institute of Development physiology of the Russian Academy of Education (2011-2012). The results of herPhD thesis and this work «Type-specific features of movement coordinations of primary school children» are published in the journal «Human Physiology». Dr.Andreeva was physiologist of Department of Sports Biomechanics of Moscow Center of Advanced Sport Technologies (until February 2021). She was the Project Manager of thetwo projects of this Center: 1) Postural stability of athletes, 2) System of scientific and methodological support in young athletes. The results of this work are published in the journals «Sports» and «Gait and Posture». Dr.Andreeva is a Chief Specialist of the Department of Federal Projects of "Federal center for preparation of the sports reserve" Ministry for sport of the Russian Federation and Assoc. Prof. of Department of Physiology, Russian State University of Sport (SCOLIPE), Pead of the scientific community "Kids coach". Also Dr.Andreeva is an expert of Russian Association of Computer Science in Sport and reviewer of the journal «Human Physiology».

### **The Care of Health across Life Span of Athletes: Modernity and Challenges in the Russian Federation**

Active and consistent changes in the field of physical culture and sports in recent years, a large-scale modernization of the system of sport reserve training required the development of the biomedical, scientific and methodological support system for sport reserve training in the Russian Federation.The main documents of Russian Sport theStrategy for the development of physical culture and sports until 2030. At the Concept of the development of youth sports until 2030 the main tasks are:effectiveness and garmonisation of interdepartmental and interlevel cooperation on the development of youth sports, creation of a system of medical, biomedical, scientific and methodological support for training sports reserve and sports teams of the constituent entities, cifrovisation of sport, introduction of a system of sports orientation for children. One of the target indicators of this concept is the proportion of children who systematicallyinvolved in physical education andsports, aged 3 - 17 years should be 90%by 2030.The project on student sports was created at the federal level with aim of ensurecontinuity of a unified physical culture and sportseducational space at federal level students sport. This project includes 7 sports Universities and some of multicentre studies at sports organization.At federal project Sport is norm of lifelt is part of the national project "Demography". The goal of the project is expressed is to increase the number of Russian citizens systematically engaged in physical culture and sports up to 70% by 2030.At two stages of youth and student sports, the habit of movement across life span is laid. The next stage is a professional or amateur sport followed by a smooth transition to «Active longevity».