

3rd BRICSCESS 2024-New Delhi Invited Speaker



Prof. Emeritus Ian CULPAN

Executive Board member Global Foundation for Community Health

Senior International Advisor for Asian Council of Exercise and Sport Science.

Co-Director of the New Zealand Centre for Olympic Studies

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Emeritus Professor Ian Culpan is the Co-Director of the NZ Centre for Olympic Studies and the former head of the School of Sport and Physical Education at the University of Canterbury, NZ. He has been a visiting professor at Charles University in the Czech Republic, the German Sport University of Cologne, Germany, the University of Peloponnese Greece, the International Olympic Academy Olympia Greece, and Kristainstad University, Sweden. His research interests are in physical education/teacher education (PETE), Curriculum Development, PE Pedagogy, Olympism and its pedagogy, the social and educative value of PE and sport and holistic wellbeing. He has published widely on these topics. He has led and directed many national initiatives in: PE, including national curriculum and qualifications development, and Olympic related matters. Professor Culpan served three years as the vice-president of Physical Education NZ (PENZ). He has been the national Journal Editor and is on the editorial board of 5 international journals. He is the immediate Past President of the NZ Olympic Academy and the immediate past President (Oceania) for the Federation Internationale d'Education Physique (FIEP). He is an executive board member for the Global Foundation for Community Health and is an International Senior Advisor for the Global Forum for Physical Education Pedagogy, and Asian Council of Exercise and Sport Science. Professor Culpan has twice been awarded the International Olympic Committee Trophy for his teaching and research in Education and Sport. (2000 & 2013). He was the 7th person to be awarded the Sir Alexander Gillies Medal for PE in NZ (2001) and is a Life Member and National Fellow of PENZ. For four years he co-coordinated the NZ All Blacks Leadership Training programme and has been an education consultant for several multi-national corporations. Professor Culpan has served on UNESCO's 2013 expert advisory group for developing Policy on Quality Physical Education and is a Trustee of the National Sports Museum of NZ.

Physical Education and Wellbeing: It's not Rocket Science

Physical education's (PE) potential contribution to holistic wellbeing has a significant part to play in the education of young people. However, despite this potential, PE across the globe is being questioned for its educative and social worth. Its future survival is arguably dependent on changing its present focus on 'sportism' to one that encompasses a holistic

approach to wellbeing. Worldwide, the move to educate young people on the importance of holistic wellbeing, provides PE with a unique and sustainable opportunity to reconceptualise present practice. The scientific evidence for this change has been well documented. Indeed, if PE is to make clear and coherent contributions to the education of young people then some significant re-thinking of current practices needs to occur. Reforms need to address the importance of developing wellbeing through personal and collective meaning making for young people. Inherent in this change is the need for PE programmes to have currency and relevance to enable learners to transfer learning to everyday wellbeing that addresses emergent social problems and provides pathways to enjoying a flourishing life. The knowledge behind this is reconceptualization is not “rocket science”. However, moving to this reconceptualization is frustratingly slow. This presentation will highlight several present PE ‘pathologies’ that are creating impediments for developing a curriculum encompassing the use of movement to critically examine physical, social, emotional, mental, and spiritual dimensions of wellbeing. Here the New Zealand PE Curriculum will be highlighted as an example of drawing on Hauora, its indigenous people’s understanding of holistic wellbeing through movement.