

3rd BRICSCESS 2024-New Delhi
Invited Speaker



Prof. Dr. Verónica Violant HOLZ
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Chief Investigator of the Acknowledged Research group Hospital Pedagogy
in Neonatology and Pediatrics
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Prof.Dr.Verónica Violant, PhD in Psychology, graduated in Clinical Psychology from ComillasPontificia University and in Education (BEd) from Ramon Llull University. She has been developing her career as a professor and researcher for more than 20 years in the fields of Creativity and Health in Hospital Pedagogy. She is the vice-president of ASOCREA-Creativity Association. She has also written over 40 books and chapters of books, several publications about care during childhood and adolescence in illness condition, and over 30 indexed articles that are available in databases such as JCR-Social Sciences Citation Index and the relative Index's. Her last publication under her direction is a collection of five books about Hospital Pedagogy published by Editorial Aljibe (Spain). She coordinates the new project from Octaedro editorial: Educate, growing in health. Furthermore, she received the Diamond award in Research, from the World Wide Awards in Science Eureka in 2012 in Cuba. Three month visiting researcher in the Children's Physical Activity Research Group (CPARG), Arnold School of Public Health, University of South Carolina with Dr. Russell R. Pate, Ph.D. and Dr. Larry Durstine, Ph.D., Exercise Science Department Professors.

Good Health Practices Applied to Hospital Pedagogy during the Illness Process

The theoretical conception of the presentation will be outlined from the Hospital Pedagogy's perspective. It is important to acknowledge the benefit of the implementation of these strategies for the prevention and promotion of quality of life in people with health conditions or that is at risk of being hospitalized. Body-awareness as a human dimension is one of our greatest allies in the contexts of hospitalization and convalescence. This context can be both a risk factor and a protective factor for our health and quality of life. This presentation takes the findings from three investigations to point out the importance of promoting health during the illness process. One of them studies the promotion of physical activity in hospitalized children. The other two focus on the importance of well-being and quality of life in a Complex Medical Condition (CMC). The first study aims to explore the extent to which children and adolescents with Congenital Heart Disease (CHD) are afforded the same educational and socialization opportunities as their healthy peers. The analysis revealed three themes describing the experience of schooling for children with CHD: 1) Empowering and enabling a child with CHD to achieve academically and engage socially is a challenge for parents; 2) Teachers lack the resources and specific skills necessary to meet the diversity needs of children with CHD; 3) Parents and teachers have low expectations regarding the academic achievement of a child with CHD. Further application of the constant comparison method yielded a core theme: 4) Children with CHD experience exclusion from peer group social learning activities. The other is to identify factors of paediatric well-being from the experience of hospitalization and convalescence of youth with CMC and their caregivers, focused the analysis on sociodemographic, well-being perception, and coping strategies variables. In conclusion, physical education can give answer to these needs and to promote quality of life.