

SCIENTIFIC PROGRAM

February 25, 2024 (Sunday)

PRE-CONFERENCE WORKSHOPS

Time	Venue	Event	Resource person
1000 - 1600hrs	BG-05	AI-Assisted Rehabilitation in Virtual Reality	Mr. Ram Kumar Singh
1000 -1600hrs	BG-04	Recent Scientific Advances in Dietary Supplements & Anti-Doping	Dr Ankush Gupta
			Ms Aradhana Sharma
			Dr Pooja Gaur
			Dr Samuel Pullinger
			Dr Kommi Kalpana
		Ms Vibha Acharya	
1000 - 1600hrs	BG-08	Injury Management in High Performance Sports:	Prof. Dobson Dominic
1000 - 1600hrs	B Block Seminar Hall	Writing Good Articles for Publications:	Prof. J. Hans de Ridder (South Africa) Prof. Maya van Gent (South Africa)
PRE-CONFERENCE MEETINGS			
1800 - 1900hrs	Hotel Rajhans	Meeting of Future Leader Volunteers (FLVs)	
1900 - 2030hrs	Hotel Rajhans	Meeting of Future Leader Volunteers (FLVs) with Invited Guests	

DAY 1: February 26, 2024 (Monday)			
0900 -1000hrs	<p style="text-align: center;">VENUE A Block Auditorium</p>	Registration	
1000 - 1015hrs		Welcome of Dignitaries and Participants	
1015 - 1100hrs		<p style="text-align: center;">(K-01) Keynote Address Physical Activity and Reduction in Chronic Disease</p>	<p>Prof. Stephen Kopecky (USA), Past President, American Society for Preventive Cardiology Professor of Medicine College of Medicine, Mayo Clinic USA</p>
1100 – 1230hrs		Inaugural Ceremony	
1230 -1330hrs		LUNCH	

INVITED PRESENTATIONS								
Time	VENUE:1 A Block Auditorium		VENUE: 2 B Block Auditorium		VENUE: 3 AT-16		VENUE: 4 AF-14	VENUE: 5 AT-17
	Title	Invited Speaker	Title	Invited Speaker	Title	Invited FLV presentations		
1330 -1400hrs	(S-01) : Concussion in Schools Rugby: Are We winning the Battle?	Prof. Hans De Ridder (South Africa), President, BRICSESS President, Board of Directors, the GCH Foundation Senior Vice-President, ISAK Director, School of Human Movement Sciences, North-West University-Potchefstroom South Africa	(S-02): Innovative Integration of Technology in Physical Education, Physical Activity and Active Living	Mr. Ben Wells (USA) Physical Educator Lü Ambassador CDE Trainer/Presenter SHAPE America 2016 SHAPE Colorado Bennett Ranch Elementary Falcon, CO USA	(S-03): Tourism and Leisure in the Post COVID Digital Era	Dr. Zornitza Plamenova Mladenova (Bulgaria), President, Association of Touristic Animators Bulgaria		
1400- 1430hrs	(S-04): Using	Assoc. Prof. Maria	(S-05): Physical	Assoc. Prof. Nara Rejane	(S-06): Relationshi	Prof. Dané Coetzee (South		

	Digital Technologies in the Competence Physical Education, Sport and Fitness According to WorldSkills Russia Standards	Abulkhanova (Russia), Founding Member and Vice President of BRICCESS	Education, Well-Being and Health among Brazilian Children During the Social Distancing Period	Cruz De Oliveira (Brazil), Human Movement Sciences Dept., Federal University of Sao Paulo, Brazil	p of BMI on the agility and strength skills of six- to eight-year-old learners in the North West Province of South Africa. The PERF- FIT study	Africa), Faculty of Health Science School of Human Movement Sciences North-West University, South Africa		
1430 -1500hrs	(S-07): The Effect of Physical Activity-Based Brain Breaks on Gain Score	Prof. Giyasettin Demirhan (Turkey), Board of Directors, GCH Former President, Turkish Sports Sciences Association Former Dean, Faculty of Sports Sciences, Hacettepe University Turkey	(S-08): Influence of a Physical Activity and Psychosocial Intervention on Risk Factors Associated with NCD among Adolescents	Assoc. Prof. Maya Van Gent (South Africa), Human Movement Science Department, Faculty of Health Sciences, University of Fort Hare, South Africa	(S-09): The Effects of Brain Breaks@ Physical Activity Videos on Focus, Task Tracking and Academic Achievement in Turkey	Assoc. Prof. Dr. Bijen Filiz (Turkey), Department of Coaching Education Afyon Kocatepe University Turkey		
1500 -1630hrs	Workshop (S-10): Learn How to Establish Lifelong Healthy Behaviours in Children and Youth Using a Science-based, Child-friendly,	Dr. Michelle Lombardo (USA), President, The Organ Wise Guys Inc. USA	OR-01 Oral Presentations	OR-02 Oral Presentations	OR-03 Oral Presentations	OR-04 Oral Presentations		

	Sustainable Approach.					
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DAY 2: February 27, 2024 (Tuesday)										
INVITED PRESENTATIONS										
Time	VENUE:1 A Block Auditorium		VENUE: 2 B Block Auditorium		VENUE: 3 AT-16		VENUE: 4 AF-14		VENUE: 5 AT-17	
0915- 0930hrs	Thematic Orientation									
0930 -1015hrs	(K-02): Keynote Address Holistic Development of Fitness in Children and Youth in India: Need for Development of a Sustainable Model	Prof. G. L Khanna (India), Founding Member & Vice President – BRICSCESS and Pro Vice Chancellor Manav Rachna International Institute of Research and Studies, India								
1030 -1100hrs	(S-11) Research Development Centre on Sport and Leisure Policies: Regional Partnership through Physical Activity, Exercise, and Health Science	Prof. Ricardo R. Uvinha (Brazil), Founding Member and Secretary General of BRICSCESS, Dean, School of Arts, Sciences and Humanities, University of Sao Paul, Brazil	(S-12): Youth Health in Focus: Integrating Pharmacology and Epidemiology for Comprehensive Sports Science Advancements	Prof. Gushchina Yulia (Russia), Deputy Director for International Affairs and Public Relations MIRUDN, People's Friendship University of Russia.	(S-13): Best Practice, Enhancing Children's PA in Kindergartens by Connecting Music and Movement in Pre-school Education	Dr. Antonín Kuban (Czech Republic), Faculty of Physical Education and Sports Charles University Czech Republic				

1100 -1145hrs	Symposium - Scientific Advances in Dietary Supplements	Col Dr Anup Krishnan (Retd)	(S-14) Physical Activity Level and Psychological well being of University students and possibilities for its improvement: Case Study from North Macedonia	Assoc. Prof. Dr. Biljana Popeska (North Macedonia), Faculty of Educational Sciences Goce Delcev University Stip Republic of North Macedonia						
		Mr Prasanna Choudhari								
		Dr Samuel Pullinger								
		Dr. Pooja Gaur								
		Ms Aradhana Sharma								
		Ms Vibha Acharya								
1145 -1200 hrs	Brain Break									
1200 -1230hrs	Cultural Programme (A Block Auditorium)									
12300 -1330hrs	LUNCH									
Time	VENUE:1 A Block Auditorium		VENUE: 2 B Block Auditorium		VENUE: 3 AT-16		VENUE: 4 AF-14		VENUE: 5 AT-17	
1330 -1500hrs	Meeting – Board of Directors (Venue – A Block Meeting Room)									
	Workshop (S-15) Young and Old Alike: Agility Skills Testing and Training within a Long-term Physical Development Model	Prof. Erika ZEMKOVÁ (Slovakia), Comenius University in Bratislava Slovakia	OR-05 Oral Presentations		OR-06 Oral Presentations		OR-07 Oral Presentations		OR-08 Oral Presentations	

	Sustainable Physical Education and Physical Activity for Children and Youth	Council of Sport Sciences and Physical Education (ICSSPE) Past President and Board member, International Council of Coaching Excellence (ICCE) International Adviser, BRICSCESS Executive Director, Israel Coaching Association Start Up Consultant: Fantasticwe.com Israel								
1115-1145hrs	(S-16): Prevention of Knee Joint Injuries among Prepubertal and Pubertal Children: 11+ and FIFA 11+	Prof. Serap Inal (Turkey), Dean and HOD, Department of Physiotherapy and Rehabilitation, Istanbul Galata University, Turkey	(S-17) Using the OMNI Rate of Perceived Exertion (RPE) Scale to Self-Regulate Exercise Intensity to Induce Cardiovascular and Peripheral Adaptations During Soccer Training	Assoc. Prof. G. Balasekaran (Singapore), President, Asian Council & Exercise Sports Science, ACSM Health Fitness Director. National Institute of Education Nanyang Technological University Singapore	(S-18) Does External Pneumatic Compression Help with Recovery and Improve Performance after Cycle Ergometer Anaerobic Exercise?	Yew Cheo NG (Singapore), Nanyang Technological University Singapore				
1145-1215hrs	(S-19) Influence of	Assoc. Prof. Foong Kiew	(S-20)	Prof. Garry Kuan	(S-21) Mental	Larissa Pires (Brazil),				

	Sports Participation, Genetic Factor and Nutritional Supplementation on Bone Health and Muscular Performance in Young Population.	Ooi (Malaysia), Lecturer and Former Programme Chairman, Exercise and Sports Science Programme, School of Health Sciences, Universiti Sains Malaysia.	The Innovative Approach of Using Music for Health and Sport: From Conceptual Underpinnings to Applications	(Malaysia), Secretary-General, Asian-South Pacific Association of Sport Psychology. Executive Board Member, Asian Council of Exercise and Sports Science (ACCESS) Exercise and Sports Science Programme Universiti Sains Malaysia	Health, resilient coping strategies and hope of residents of the city of São Paulo during the period of social distancing in the COVID-19 pandemic	Health Sciences Federal University of São Paulo-Santos Brazil				
1215 -1245hrs	PLENARY SESSION									
1245- 1330hrs	LUNCH									
1330 -1500hrs	Workshop (S-22) Synergy of Gratitude and Mindfulness in Sports and Physical Fitness: Harnessing the Science of Human Flourishing and Wellbeing	Prof. Dr. Waheeda Khan (India), Department of Clinical Psychology Faculty of Behavioural Sciences Advisor - SGT University Gurugram	OR-09 Oral Presentation	OR-10 Oral Presentation	OR-11 Oral Presentation	OR-12 Oral Presentation				
1500-1630hrs	Prof. S K Verma Memorial Award "Poster Presentation"		OR-13 Oral Presentation	OR-14 Oral Presentation	OR-15 Oral Presentations	OR-16 Oral Presentation				
1730hrs onwards	GALA DINNER (CENTRAL LAWN)									

DAY 4: February 29, 2024 (Thursday)

INVITED PRESENTATIONS

Time	VENUE:1 A Block Auditorium		VENUE: 2 B Block Auditorium		VENUE: 3 AT-16		VENUE: 4 AF-14		VENUE: 5 BG-08	
0930-0945hrs	Thematic Orientation									
0945-1030hrs	(K-05) Keynote Address : Adapted Judo for Children with Autistic Spectrum Disorder: the AUTJUDO Project.	Prof. Myriam Guerra- Balic (Spain), Board of Directors, GCH FPCEE- Blanquerna University Ramon Llull (Spain)								
1045-1115hrs	(S-23) Models and variations of exercise programs to improve cardiovascular and increase muscle mass.	Dr. Rina Ambar Dewanti (Indonesia), Assistant and lecturer UNJ, state University of Jakarta	(S-24) Impact of Physical Activity Programs in the Schools for promotion of Fitness among Students.	Prof. Rajesh Kumar (India), I/c Director of Physical Education Osmania University, T.S. Hyderabad, India	(S-25) Childhood Obesity and its Associated Factors among School Going children in Raisen, Madhya Pradesh, India	Dr. Mottakin Ahmed (India), Sports Officer Government College Silwani, Raisen M.P., India				
1115-1145hrs	(S-26) Intergenerational a Sport Program between Youth and Elderly: A Case of Pickleball clubs	Prof. Chae- Hee Park (Republic of Korea), ACSM Exercise is Medicine® Older Adult Committee Member, Director, Korea	(S-27) Physical Activity Involvement from Classrooms to Houses: Case from Cappadocia Region of Turkey	Prof. Fatma Sacli Uzunoz (Turkey), Department of Coaching Education, School of Sport Sciences and Technology Nevşehir Hacı Bektaş Veli University, Turkey						

		National Sport University, Republic of Korea								
1145 – 1230hrs VALEDICTORY CEREMONY										

"विज्ञानेन खेल उत्कृष्टतायां दृष्टिकोण"

Plenary Sesions

February 27, 2024 (Tuesday)					
VENUE: I BLOCK AUDITORIUM			VENUE: G BLOCK AUDITORIUM		
TIME	PANEL DISCUSSION	PANEL MEMBER	TIME	PANEL DISCUSSION	PANEL MEMBER
1130-1300hrs	Vision Olympic 2036 Panel Discussion-1 Academia Athletica: Fusing Education and sports	Lt Gen (Dr.) J.S. Cheema Vice Chancellor, The Maharaja Bhupinder Singh Punjab Sports University, Patiala	1130-1300hrs	“Advances in Holistic Health & Sports for Children and Youth”	Dr. Mantu Saha Scientist F DRDO-Defence Institute of Physiology and Allied Sciences (DIPAS)
		Col. Raj Singh Bishnoi Sr. Executive Director Netaji Subhash National Institute of Sports, Patiala			Dr. Manjunath Sharma , Pro Vice Chancellor & Director of Research, SVYASA University, Bangalore
		Dr Jatin Soni Former Vice Chancellor Swarnim Gujrat Sports University Vadodara, Gujrat			Dr. I N Acharia , Programme Officer, MDNIY New Delhi
		Mr. Tahsin Zahid Chief Executive Officer (CEO) SPEFL-SC			Dr. Raghavendra Rao , Director, CCRYN. National Ayush Mission Ministry of Ayush Govt Of India New Delhi
					Prof. Surinder Kumar . HOD & Dean, Faculty of Yoga & Phy Edn. Gurukul Kangri University, Haridwar
					Dr. UK Singh , Faculty of Yoga & Phy Edn. Gurukul Kangri University, Haridwar

1400-1530hrs	Vision Olympic 2036 Panel Discussions -2 Rehabilitation Athletics: Redefining Recovery	Prof. Dr. Oleksandr Krasilshchikov Professor of Sports Science, Universiti Teknologi MARA (UiTM) Malaysia	1400-1530hrs	Vision Olympic 2036 Panel Discussions on :3 Tach Play: Navigating the future of sports technology	Dr Prakash Jha Professor, Kings College London
		Dr. Vivek Kumar Mathur Specialist Sports Medicine Deputy Inspector General (Medical) I.T.B.P (Central Armed Police Forces)			Mr. Ram Kumar Singh Founder & CEO Vradicals India Pvt Ltd
		Dr. K.A. Thiagarajan Senior Consultant Sports Medicine & Physical Medicine and Rehabilitation Sri Ramachandra Medical Centre Chennai			Mr. JKL Prasad Business Development manager A D Instruments
		Dr AJ K Sinha Professor Sports Sciences, Physiotherapy, Physical Education Punjabi University Patiala Punjab			Dr. Hanjabam Barun Sharma Professor Institute of Medical Sciences (IMS), Banaras Hindu University (BHU), Varanasi
		Dr. Dobson Dominic Prof & HOD Sports Medicines & Sports Science Saveetha Medical College Chennai, Tamil Nadu			Mr. Sujit Panigrahi Founder and CEO, Fitness365
		Dr. Aijaz Ashai Head of Department Adams Wylie Physio Rehab Centre			